



High Adventure Team Boy Scouts of America Verdugo Hills Council

Water Trek Awareness

A comprehensive awareness course for Scout Leaders of skills, knowledge and tips necessary to have a safe, fun, and effective water-based Outing Program.

Who should Attend?

Scout Leaders who wants to know more about water trekking. Having taken HAT Outdoor Awareness is required.

What Will be Covered

Trip planning and boat handling skills, materials, resources, places to go. We will cover all the skills necessary for the Canoeing Merit Badge (including righting swamped canoes). (And there will be no Scouts around to watch you flip over!)

How Much will It Cost?

\$30.00, payable at the Council by May 22, 2009. Space available for 16 participants.

When Will It be Held?

The Indoor Session will be held at the VHC offices in Glendale on Friday, May 29, 2009 from 6:30 PM to 9:30 PM.

The Outdoor Session will be held Saturday, May 30, 2009 from 8:00 AM to 5:00 PM at Castiac Lake. Canoes will be provided.

NOTE: This course requires a standard BSA Swim Check, which must be passed to attend the course. The Outdoor Session involves swamping canoes and physical work

What Do I Need to Bring?

Indoor Session - a pen and a desire to learn. Outdoor Session - swimsuit & towel, clothes that can get wet, 10 essentials, lunch, drinking water, clothes to change in to, sun screen, a thirst for adventure and the *appropriate BSA Medical Form*

- If you are less then 40 years old, you may use the *Class 1/2 Medical Form*
- If you are 40 years old or older, you must use the *Class 3 Medical Form* signed by a physician or nurse practitioner within the past year.
- Swim Check documentation in the last year with your unit or other recognized organization

How Do I Get More Information?

call David Decker at 818-249-3180 or 626-449-6787 e-mail ddecker@flewelling-moody.com

Sign Me Up!

Name: _____ Unit: _____

Address: _____ City _____ Zip: _____

Phone: _____ e-mail _____

Please submit to Council with your check by 22 May, 2009