

# HAT BASIC BACKPACK AWARENESS COURSE



**MARCH 28, 2009, 7:45 AM TO 5:30 PM**  
*and* **APRIL 18 AND 19, 2009**



**HIGH ADVENTURE TEAM**  
**VERDUGO HILLS COUNCIL SERVICE CENTER**  
**1325 GRANDVIEW AVE., GLENDALE, CA 91201**  
**(818) 243-6282**  
**AND CAMP VERDUGO OAKS**

The basic Scouting skills are hiking, camping, and backpacking. Put them all together with properly trained leaders, and it spells...

## **High Adventure.**

And where do these properly trained leaders come from? We thought you'd never ask! They complete the Basic Backpacking Awareness Course offered by your Council's High Adventure Team. In one indoor day and one outdoor overnight, you will pack a backpack, adjust yours and others' packs, understand the terrain, travel safely and courteously, and have a great time. Oh yes, you'll cook great meals also!

If you or anyone in your unit is interested and has completed or will have completed the prerequisite (Outing Awareness Course), please complete the back of this sheet and return it to the council office with your \$20.00 payment by March 20. Late registrations will be accepted at \$25.00, if space permits.

Cancellations after March 9, will be subject to a \$5.00 administration fee. However, in the event of illness, etc., you may ask to have the entire course fee transferred to a later HAT course at the discretion of the Course Director.

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### Key Topics Include

Health and Safety  
Hypothermia  
Hyperthermia

Lost  
Wilderness Aid  
Trip Planning  
Food Planning

Scouts Own  
Personal Equipment  
Group Equipment  
Compass

For a more complete list, please see the HAT Course Summary for the current year.

## Registration Form: BASIC BACKPACK AWARENESS - 2009

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (day) \_\_\_\_\_ (evening) \_\_\_\_\_

Unit Type \_\_\_\_\_ Unit Number \_\_\_\_\_

Position in Scouting \_\_\_\_\_

### Additional Forms needed:

1. Attach a copy of your *Class 1/2 Medical Form* or *Class 3 Medical Form* to this application, and bring the original to the training weekend.

If you are less than 40 years old, you may use the *Class 1/2 Medical Form*

If you are 40 years old or older, you must use the *Class 3 Medical Form* signed by a physician or nurse practitioner within the past year.

Both forms are available on the Verdugo Hills Council's Website: [www.vhcbasa.org](http://www.vhcbasa.org)

2. If you are under 18 years of age, you will also need to bring the Verdugo Hills Council's "*Authorization to Treat a Minor and Parent's Medicine Consent Form*", which can be found on the Verdugo Hills Council's website. [www.vhcbasa.org](http://www.vhcbasa.org)
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